



Team Nutrition e-Newsletter – Sharing Team Nutrition Resources and Ideas
Vol.2 February 2004

The Team Nutrition (TN) e-Newsletter is published periodically to share TN resources developed by USDA and by State agencies with TN grant funding, and to share ideas for promoting healthy eating and physical activity through Team Nutrition at the State and local levels.

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FNS announces FY 2004 Team Nutrition Training Grants Request for Applications - Team Nutrition (TN) Training Grants are one of the anchor delivery systems for supporting the implementation of the USDA nutrition requirements and the Dietary Guidelines for Americans in Food and Nutrition Service Child Nutrition Program meals. These grants are to assist State agencies in achieving the TN goal of improving children's lifelong eating and physical activity habits. ONLY State agencies that administer the National School Lunch Program or the Child and Adult Care Food Program are eligible to apply. For a full TN Grant RFA, visit USDA's TN website at <http://www.fns.usda.gov/tn/Grants/2004app.html>

Arizona's Action for Healthy Kids State Team Developed "School Nutrition- Healthy School Environment Model Policy" - In January of 2003 the Nutrition Task Force was formed and developed a model nutrition policy. The model has undergone many revisions and it will be pilot tested by 8 schools (4 elementary and 4 middle and high schools) in AZ this fall. These schools will receive mini grants to implement the model nutrition policy through a 2003 Team Nutrition Training grant that was awarded to AZ State Department of Education. You can view the model nutrition policy at their website www.ade.az.gov/health-safety/cnp/nslp/nutritionpolicy-stateboardmeeting.doc

Missouri offers free nutrition education curriculum that are aligned with MO Show-Me Standards - With the funding of a 2003 TN Grant, Missouri Department of Health and Senior Services, Section for Nutritional Health and Senior Services (SNHS) has expanded its School Nutrition Education Program to evaluate nutrition education curriculum and align with Missouri Show-Me standards. These evaluated nutrition curriculums are available to MO teachers PreK to 12th grade free of charge. Teachers will complete a pre and post curriculum evaluation survey. You may view a list of curriculum at their website <http://www.dhss.state.mo.us/MissouriNutrition/school-curriculum.htm>

Colorado's Physical Activity and Nutrition Program School Site Resource Kit

- With funding from a Team Nutrition Training Grant, a CO Physical Activity and Nutrition Program (COPAN) School Site Resource Kit was developed. The Kit is to empower school personnel to implement programs or policies that model and promote a school environment that supports the development of healthy eating patterns and an active lifestyle. Resources in this kit are intended to simplify the process of assessing, planning, and implementing nutrition and physical activity programs and policies. Schools in CO are offered competitive mini grants to implement COPAN at their local schools.

You can view the whole COPAN School Site Resource Kit at

<http://www.cdphe.state.co.us/pp/copan/schoolsiteresourceKit.pdf>

5 A Day recipes from New Hampshire - With funding from a 2001 Team Nutrition Training Grant, New Hampshire State Department of Education developed a series of 5 A Day recipes to encourage students to increase their consumption of fruits and vegetables. You can view these recipes at Healthy School Meals Resource System website

<http://schoolmeals.nal.usda.gov/Training/NC5aday/NH5aday/index.html>

Eat Smart. Play Hard in South Dakota - An Integrated K-6 Nutrition Education Curriculum -

With funding from a 2001 Team Nutrition Training Grant, SD Department of Education in cooperation with SD State University Cooperative Extension developed this curriculum. It is designed and written to integrate nutritional concepts into the core curriculum and to provide meaningful, relevant, real world application of skills, concepts and knowledge. It is intended to help students build healthy eating patterns and to promote personal responsibility for good health. Each lesson unit includes a parent-home connection with an informational letter to parents and homework assignments designed to extend and connect the classroom learning experiences into a healthy lifestyle. This curriculum is available at Healthy School Meals Resource System website <http://schoolmeals.nal.usda.gov/Training/Eatsmart/index.html>

About USDA's Team Nutrition - Team Nutrition is an integrated, behavior-based, comprehensive plan for promoting the nutritional health of the Nation's children. Team Nutrition uses three behavior-oriented

strategies: 1) provide training and technical assistance to help Child Nutrition Program foodservice professionals to prepare and serve nutritious meals; 2) provide multifaceted, integrated nutrition education for children, their parents, and other adults who influence children's behavior; and 3) build school and community support to create a healthy school environment that is conducive to healthy eating and physical activity.

For more information regarding USDA's Team Nutrition and how to enroll your school as a Team Nutrition School, go to the USDA Web site at <http://www.fns.usda.gov/tn>

What is New on USDA's Team Nutrition Web site? - Check it out at

<http://www.fns.usda.gov/tn/New/index.htm>